

**I AM BLESSED**

PSALM 84:4

**I AM BEAUTIFUL**

PSALM 139:14

**I AM LOVED**

JOHN 15:9

**I AM CHOSEN**

JEREMIAH 1:5

**I AM FEARLESS**

2 TIMOTHY 1:7

**I AM A FOLLOWER OF JESUS**

JOHN 8:12

**I AM A LEADER OF MEN**

PHILIPPIANS 2:3-4

**I AM A CHILD OF GOD**

JOHN 1:12

FINALLY LORD,  
WOULD YOU BLESS  
HER HEART. MAY  
SHE COME TO LOVE  
YOU AND ALL THAT  
YOU'VE MADE IN  
THE RIGHT ORDER.

LORD, BLESS HER  
FEET. MAY THEY  
CARRY GOOD  
NEWS.

BLESS HER  
LEGS TO GO  
ON IN TIMES  
OF TROUBLE.

BLESS HER  
MIND. MAY  
SHE GROW  
WISE IN THE  
KNOWLEDGE  
OF YOU.

## **A BLESSING FOR THE BODY OF A CHILD WHILE LYING IN BED**

*AS THE PRAYER PROGRESSES,  
MOVE HANDS TO TOUCH  
EACH PART OF THEIR BODY*

BLESS HER  
BACK. MAY SHE  
BE STRONG  
ENOUGH TO  
BEAR THE  
BURDENS OF  
OTHERS.

BLESS HER EARS TO  
DISCERN TRUTH,  
HER MOUTH TO SPEAK  
ENCOURAGEMENT,  
AND HER EYES TO SEE  
BEAUTY.

BLESS HER ARMS  
TO HOLD THE  
LONELY AND  
HER HANDS TO  
DO GOOD  
WORK.

BLESS HER  
NECK. WOULD  
YOU TURN HER  
HEAD TO THE  
POOR.